

# Delta 39 LSO Instructions

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

## Step 1:

Detach and open waist belt at front of brace to gain access to anterior panel.



## Step 2:

Separate and remove anterior panel from posterior panel. Set anterior panel to side for use in step 6.



## Step 3:

The Delta 39 LSO brace is designed to fit sizes small to 4XL with minimal adjustment.

To adjust sizing simply remove each side of the waist belt from its Velcro tab on the back panel, fold or cut each side of the waist belt to the desired size, and then reattach each side to Velcro tab.



## Step 4:

After adjusting for waist size, center posterior panel of brace on spine just above waist. Comfortland logo on back of brace should be right side up.



## Step 5:

While holding posterior panel in place, take anterior panel and center it on front of body.



## Step 6:

Grab both sides of waist belt.

First attach left side of waist belt to Velcro strip in center of anterior panel, then wrap the right side over and attach and secure as shown.



## Step 7:

Grab the compression straps using the thumb loops and simultaneously pull the compression straps away from your body until the desired level of compression is achieved.

While keeping the compression straps tight bring each strap around and secure to the front of the brace.

