

## Cervical Collar: Universal

The **ISO Preferred Cervical Collar: Universal** is designed to immobilize the cervical spine, for arthritis, spinal stenosis and post-trauma use. Lightweight and vented, the collar provides comfort and allows air to flow. Universal fit. Please follow your orthopedic professional's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.



ISO Preferred Cervical Collar: Universal (NE368) is designed for immobilization of the Cervical Spine after Operative Surgical Fracture, Halo removal, Spinal Stenosis, Arthritis and post-trauma use; Cervical spine precaution for trauma patients, immobilization for pre- and post-spine surgery, Degenerative disorders, Spondylolisthesis, Ligament/muscular injuries, Rheumatoid arthritis, Degenerative joint disease, and Nerve impingement. It features easy-on/off by the patient, with the unique adjustment dials for the upper and lower circumference fittings.

1. Begin by opening both closure straps located on the side of the collar. (If facing the collar, the closure strap release is on the left side.)

*Note: If a patient is in the recumbent position, it is best to apply the posterior section of the collar (Step 3) first, before attempting Step 2.*

2. Apply the collar to the patient's neck. Position and secure the mandible (lower jaw) in the upper front chin recess. The lower yoke should rest flush with the thoracic (upper and middle part of the back) region. Using the two screw knobs located toward the bottom of the chin yoke, adjust the height of the collar and chin (if needed) to fit patient.
3. While holding the anterior portion of the collar securely in place, position back of neck in brace and secure the upper strap to the corresponding knob on the side of the chin. Loosen or tighten the posterior strap dial to secure in place. Repeat for lower closure strap by securing to knob at side of yoke.
4. Tighten and adjust using upper and lower posterior knobs to achieve a snug fit with no migration. Ensure collar is aligned to patient's contours and chin is positioned and secured. **DO NOT OVERTIGHTEN.**



## INTRODUCTION

Your **ISO Preferred Cervical Collar: Universal (NE368)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video at [www.ISOpreferred.com](http://www.ISOpreferred.com) so that this device can provide you with superior long-term usability and care.

## USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Cervical Collar: Universal (NE368)** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions in regards to adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with your needs and conditions, for which this device was prescribed.

## CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Cervical Collar: Universal (NE368)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Remove the soft liner from the collar.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry.
- Allow all parts to air dry prior to reassembling the device.

## CAUTION

The **ISO Preferred Cervical Collar: Universal (NE368)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly.

**DO NOT OVERTIGHTEN.**