



ISO Preferred Wrist Brace

The **ISO Preferred Wrist Brace** reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your doctor's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

ISO Preferred Wrist Brace is intended to provide support for Carpal Tunnel Syndrome, wrist instability, radial nerve paralysis, and rheumatoid arthritis.

1. Disengage all fastening straps and connections.
2. Slide the brace over affected wrist. Be sure your thumb and the thumb hole are on the same side of the brace while your hand is facing palm down.
3. Pull each fastening strap to tighten the wrist brace into a secure and centered position.
4. Be careful not to tighten the straps too far as to cut off your circulation to your hand and fingers. Adjust accordingly.





Introduction

Your **ISO Preferred Wrist Brace** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your doctor's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. Please read the enclosed instructions and watch the applicable video when available so that the device can provide you with the superior long-term assistance and care you require.

Usage Recommendations

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Wrist Brace** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without a doctor's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your doctor, as they are familiar with your needs and conditions, for which this device was prescribed.

Cleaning Instructions

- Remove the straps when applicable.
- Hand wash the fabric parts in cold water with a mild detergent, rinse and lay flat to air dry.

Care Instructions

It is imperative that you do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Wrist Brace**, you will want to separate the parts where applicable and care for them individually. Hand wash each section in water with a mild detergent. Allow all parts to air dry prior to reassembling the device. Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace, as it will damage your brace; voiding its manufacturer's warranty and no longer working for you correctly.

CAUTION

The **ISO Preferred Wrist Brace** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented while using this device, especially if the instructions are not followed correctly.