



# ISO Preferred Hip Brace

The **ISO Preferred Hip Brace** reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your doctor's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

**ISO Preferred Hip Brace** is intended to provide support for range of flexion motion following orthoscopic surgery.

1. Unfurl all of the straps on the hip brace and unlock the rotating joint, as it is packaged in the locked position. Simply slide the orange button away from the center to unlock the brace.
2. Adjust the length of the hip brace on both the top and bottom sections per your doctor's instructions. While the hinge is aligned with the hip, make length adjustments to the brace by turning the knob and sliding the waist strap up or down (2). Lock into place by turning the knob clockwise. If you need to adjust the length of the section that secures to your thigh region, simply push the rubber button inwards and slide this whole section up or down as per your height and body type. You can always adjust both these sections during the fitting process to get the perfect fit.
3. Align the hip brace hinge to your joint and use the strap that goes around your waist to secure it into place. Make sure to keep the positioning of the hinge over the outer hip joint. This will position the brace correctly. Next wrap the thigh strap section into place over your thigh (3). Use the two long straps to secure the hip brace into place.
4. Slide the locking button into the unlock position to adjust the range of motion per your doctor's instructions. To do this, press the yellow **extension** button for the **extension** rotation and slide it to the desired setting for the **extension** rotation and release it to the prescribed degree. The button will spring out to set the **extension** range of motion. Next press the yellow button in for the **flexion** degree and slide it to the desired setting. The button will spring out to set the **flexion** range of motion. You can securely lock the push buttons into place by threading the included ties through the holes, pulling tight, and cutting of the excess waste.
5. To lock your settings for the hip joint into place simply slide the red button into the lock position.





## Introduction

Your **ISO Preferred Hip Brace** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your doctor's instructions directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. Please read the enclosed instructions and watch the applicable video when available so that the device can provide you with the superior long-term assistance and care you require.

## Usage Recommendations

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Hip Brace** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without a doctor's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your doctor, as they are familiar with your needs and conditions, for which this device was prescribed.

## Cleaning Instructions

- Remove the straps and the inner padding.
- Hand wash the plastic mold with room temperature water with mild detergent, rinse and allow to air dry.
- Hand wash the fabric parts in cold water with a mild detergent, rinse and lay flat to air dry.

## Care Instructions

It is imperative that you do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Hip Brace**, you will want to separate the parts where applicable and care for them individually. Hand wash each section in water with a mild detergent. Allow all parts to air dry prior to reassembling the device. Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace, as it will damage your brace; voiding its manufacturer's warranty and no longer working for you correctly.

## CAUTION

The **ISO Preferred Hip Brace** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented while using this device, especially if the instructions are not followed correctly.