



# ISO Preferred Functional Positioning Wrist Brace

The **ISO Preferred Functional Positioning Wrist Brace** reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your doctor's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

**ISO Preferred Functional Positioning Wrist Brace** is intended for the prevention of finger and wrist contraction while assisting with flaccid paralysis, soft tissue contracture management, nerve injury, arthritis, and the support of weak or damaged parts of the forearm.

1. Disengage all fastening straps and connections. Open and separate the inner adjustable material to a wide enough space that your hand and wrist are easily able to slide into the brace.
2. Slide the brace over affected wrist / hand. Be sure your thumb and thumb hole in the compression fabric are on the same side of the brace with the fastening straps and your palm facing the ceiling. Once your thumb is securely in place, use your other hand to squeeze the rear and then the front of the malleable materials equally over your forearm. Your forearm and wrist should be comfortable in with the brace.
3. Tighten and secure the two fastening straps closest to your elbow first. Adjust the hand portion to the size of your fingers width-wise, with your fingers softly touching each other. Now rotate the hand portion of the brace into you doctors instructed location, and secure into place by rotating the wheel clockwise until it is tight.
4. Take hold of the last remaining fastening strap and pull it over your wrist on a slight downward angle (**4a**), then cross back over the lower portion of your thumb and secure the fastening strap into place (**4b**).
5. Your hand, wrist, and forearm should all be centered appropriately inside the brace. The brace should feel snug and secure. If it is too tight or loose at any point, please adjust the straps accordingly.





## Introduction

Your **ISO Preferred Functional Positioning Wrist Brace** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your doctor's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. Please read the enclosed instructions and watch the applicable video when available so that the device can provide you with the superior long-term assistance and care you require.

## Usage Recommendations

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Functional Positioning Wrist Brace** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without a doctor's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your doctor, as they are familiar with your needs and conditions, for which this device was prescribed.

## Cleaning Instructions

- Open all the straps and separate the inner adjustable material.
- Hand wash the fabric parts in cold water with a mild detergent, rinse and lay flat to air dry.

## Care Instructions

It is imperative that you do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Functional Positioning Wrist Brace**, you will want to separate the parts where applicable and care for them individually. Hand wash each section in water with a mild detergent. Allow all parts to air dry prior to reassembling the device. Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace, as it will damage your brace; voiding its manufacturer's warranty and no longer working for you correctly.

## CAUTION

The **ISO Preferred Functional Positioning Wrist Brace** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented while using this device, especially if the instructions are not followed correctly.