



# ISO Preferred Cervical Collar with Trachea Opening

The **ISO Preferred Cervical Collar** reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your doctor's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

**ISO Preferred Cervical Collar** is intended for use after operative cervical fracture, halo removal, anterior cervical fusion, anterior discectomy, suspected cervical trauma, and cervical strain.

1. Overlay one side of the rear portion of the cervical collar on top of the front portion of the collar and secure the fastening strap into place.
2. Place the front of the cervical collar into place. Remember to lift your chin while sliding the collar into the correct position. With your chin resting in the curved portion, center the collar with the trachea opening positioned directly over your trachea.
3. Wrap the remainder of the collar around the back of your head / neck region. Remember to wrap the rear of the collar over the front part and then fasten the strap securely into place.
4. With the cervical collar securely in place, adjust the collar so that it is snug, such that you are unable to lower your chin or turn your neck side to side.





## Introduction

Your **ISO Preferred Cervical Collar** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your doctor's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. Please read the enclosed instructions and watch the applicable video when available so that the device can provide you with the superior long-term assistance and care you require.

## Usage Recommendations

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Cervical Collar** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without a doctor's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your doctor, as they are familiar with your needs and conditions, for which this device was prescribed.

## Cleaning Instructions

- Separate the front and rear of the collar.
- Hand wash the parts in cold water with a mild detergent, rinse and lay flat to air dry.

## Care Instructions

It is imperative that you do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Cervical Collar**, you will want to separate the parts where applicable and care for them individually. Hand wash each section in water with a mild detergent. Allow all parts to air dry prior to reassembling the device. Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace, as it will damage your brace; voiding its manufacturer's warranty and no longer working for you correctly.

## CAUTION

The **ISO Preferred Cervical Collar** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented while using this device, especially if the instructions are not followed correctly.