



# ISO Preferred Air Walking Boot

The **ISO Preferred Air Walking Boot** reduces the time it takes to heal discomfort from injuries or post-surgery. Please follow your doctor's instructions explicitly and adjust or discontinue use only as directed to achieve maximum benefit for your concerns.

**The ISO Preferred Air Walking Boot** is intended for use post-foot or ankle surgery and to stabilize the ankle and foot after an ankle fracture, or a severe ankle sprain

1. Remove the liner from the boot by first unfastening all straps. Apply liner to the foot with the ankle at a 90-degree angle and the foot flat on the floor by wrapping the foot and ankle with the liner and adhering the fastener straps.

*Note: If additional padding is necessary to cover a sensitive area or for a more secure fit, you may use the provided spacer pads.*

2. Pull the uprights apart and slide the leg into the boot frame. Take care to position the ankle at a 90-degree angle and, have the uprights centered along the medial and lateral sides of the lower leg. Once the lower leg is in position, pull off the felt strip covering the inside of the uprights.

3. Starting with either the proximal or distal strap, fasten all straps so that they are snug and the foot feels secure in the boot.

4. After applying the boot, locate the red pump bulb (if air version) and release valve on the top strap of the walking boot.

5. After locating the pump, squeeze repeatedly to fill the internal air bladder. The air bladder should be filled according to the instructions provided by your medical professional. If the liner becomes too full or if there is a need to deflate the liner, simply open the release valve lid and press the release valve. To re-inflate, repeat Step 4.





## Introduction

Your **ISO Preferred Air Walking Boot** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your doctor's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. Please read the enclosed instructions and watch the applicable video when available so that the device can provide you with the superior long-term assistance and care you require.

## Usage Recommendations

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Air Walking Boot** that is included here within. It is intended for the use of qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without a doctor's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your doctor, as they are familiar with your needs and conditions, for which this device was prescribed.

## Cleaning Instructions

- Separate the inner lining from the outer plastic.
- Remove the straps when applicable.
- Hand wash the fabric parts in cold water with a mild detergent, rinse and lay flat to air dry.
- Hand wash the plastic mold with room temperature water with mild detergent, rinse and allow to air dry.

## Care Instructions

It is imperative that you do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Air Walking Boot**, you will want to separate the parts where applicable and care for them individually. Hand wash each section in water with a mild detergent. Allow all parts to air dry prior to reassembling the device. Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace, as it will damage your brace; voiding its manufacturer's warranty and no longer working for you correctly.

## CAUTION

The **ISO Preferred Air Walking Boot** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented while using this device, especially if the instructions are not followed correctly.